

## ***KETAMINE DISCHARGE INSTRUCTIONS***

Please be aware that even though you may feel “normal”, Ketamine may affect your thinking process until the following day.

**AVOID** the following for at least **12 hours**

**Driving**

**Any strenuous activities**

**Signing or entering into any legal contacts**

**Alcohol or any recreational drugs**

You should **RELAX** for the remainder of the day.

\*Please remember Ketamine infusions are used as adjunct therapy. Therefore, Georgia Renew Clinic recommends you continue your prescribed medications. Any changes to those medications will be between you your PCP, Psychiatrist or Therapist.

If you have any questions, please contact out office at 678-769-7008

**IF YOU FEEL YOU ARE HAVING AN EMERGENCY, PLEASE CALL 911 OR GO TO THE NEAREST EMERGENCY ROOM.**